



The Heathers

★ SENIOR HOMES ★

August

Resident-Directed Engagement Calendar



	Morning 9:30–11:30	Afternoon 1:30–3:30	Evening 5:30–7:00
Monday	Coffee & Conversation Music & Movement	Bingo & Group Games	Summer Movie Night
Tuesday	Reminiscing & Current Events	Patriotic Crafts & Baking	Music & Sing-Along
Wednesday	Chair Exercises Resident Choice	Gardening & Flower Arranging	Ice Cream Social
Thursday	Nature Walks & Sensory Bins	Bingo & Outdoor Time	Trivia & Word Games
Friday	Puzzles & Brain Games	Crafts & Baking	Relaxation & Hand Massage
Saturday	Coffee & Spiritual Time	Light Activities & Resident Choice	Sensory Time & Soothing Music
Sunday	Devotions & Hymns	Family Visit Time	Classic TV & Popcorn

Daily Engagement

