

The Heathers

• SENIOR HOMES •

June

Resident-Directed Engagement Calendar

	Morning 9:30–11:30	Afternoon 1:30–3:30	Evening 5:30–7:00
Monday	Coffee & Conversation Music & Movement	Bingo / Group Games Outdoor Games	Movie Night
Tuesday	Reminiscing & Current Events	Crafts & Baking	Music & Sing-Along
Wednesday	Chair Exercises Resident Choice	Gardening Club	Netflix & Popcorn
Thursday	Nature Walks Puzzles	Bingo & Outdoor Walks	Games & Trivia Night
Friday	Puzzles	Crafts & Baking	Wind Down & Relaxation
Saturday	Coffee & Spiritual Time	Light Activities	Sensory Time

Daily Engagement



Personalized Activities



Walks & Mobility Support



Sensory & Comfort Activities



Resident Choice Throughout the Day

Our activities are flexible and based on resident preferences, abilities, and moods.

Participation is always encouraged, but voluntary.

