



NEWSLETTER

THE HEATHERS SENIOR HOMES - NEWSLETTER - DECEMBER 2025



Letter from Jennifer

Dear residents and families,

As we wrap up November and look ahead to the start of December, I want to take a moment to reflect on what a wonderful month it has been at The Heathers.

This past month, we were grateful to welcome two new additions to our family—Evelyn And John B. ; who moved into our Lake in the Hills home. We are so blessed to have them both with us, and it has been a joy getting to know them.

We also had the pleasure of celebrating two very special birthdays. Sue at our Ringwood home and Joy at our Lake in the Hills home were surrounded by love, laughter, and the warmth of everyone here at The Heathers. Moments like these are at the heart of what makes our homes so special.

November also gave us the opportunity to honor Veterans Day, and we extend our heartfelt appreciation to all of our veterans for their courage, sacrifice, and service. It was a privilege to celebrate and recognize them.

As we move into the holiday season, our hearts are truly full. We hope each of you had a beautiful Thanksgiving, and we are so excited to share the joy, spirit, and togetherness that December brings. Christmas at The Heathers is always filled with meaning, and we feel incredibly blessed to experience it alongside all of you.

Thank you, from the bottom of our hearts, for trusting us with your loved ones and for being such an important part of our family.

Wishing you a warm, joyful, and memorable Christmas season.

With gratitude,
Jennifer Bohyer
Executive Director

NEW RESIDENTS

We welcomed two new additions to our family Evelyn And John B. ; who moved into our Lake in the Hills home.



Evelyn



John B.

For our Resident Spotlight at The Heather's this month we cast a line to learn more about John Brown. Read more story on website to find out about John's A Man of Heart, Strength, and Lifelong Service.



Sue

We celebrated Sue's birthday at our Ringwood home and Joy's birthday at our Lake in the Hills home.



Joy

December 2025

*Activity times and programs are subject to change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:30 Morning News 10:30 Senior Exercise 2:00 Hang Man 3:00 Ice-Cream Social 6:00 Netflix	2 9:30 Morning News 10:30 Senior Exercise 2:00 Bingo 4:00 Jewelry Making 6:00 Resident Choice Movie	3 9:30 Morning News 10:30 Senior Exercise 11:00 Communion 2:00 Activities W/ Nina 4:00 Fancy Nails 6:00 Puzzles	4 9:30 Morning News 10:30 Senior Exercise 2:30 Activities W/ Chris 4:00 Adult Coloring 5:00 Support Group-RW 6:00 Resident Choice	5 9:30 Morning News 10:30 Morning Exercise 2:00 Bowling 3:00 Social Hour 6:00 Movie Night	6 9:30 Morning News 10:30 Senior Exercise 2:00 Coffee & Conversation 4:00 Bingo 6:00 Movie & Popcorn
7 9:30 Senior Exercise 10:00 Online Church Service 2:00 Bingo 6:00 Game Night	8 9:30 Morning News 10:30 Senior Exercise 2:00 Handbook 3:00 Ice-Cream Social 6:00 Netflix	9 9:30 Morning News 10:30 Senior Exercise 2:00 Bingo 4:00 Christmas Sing Along 6:00 Resident Choice Movie	10 9:30 Morning News 10:30 Senior Exercise 11:00 Communion 2:00 Activities with Nina 4:00 Fancy Nails 6:00 Puzzles	11 9:30 Morning News 10:30 Senior Exercise 2:30 Activities W/ Chris 4:00 Adult Coloring 6:00 Resident Choice	12 9:30 Morning News 10:30 Morning Exercise 11:00 Goddard School 2:00 Balloon Badminton 3:00 Social Hour 6:00 Movie Night	13 9:30 Morning News 10:30 Senior Exercise 2:00 Coffee & Conversation 4:00 Bingo 6:00 Movie & Popcorn
14 Hanukkah 9:30 Senior Exercise 10:00 Online Church Service 2:00 Bingo 4:00 Puzzles 6:00 Game Night	15 9:30 Morning News 10:30 Senior Exercise 2:00 Sing Along 3:00 Ice-Cream Social 4:00 Bible Study w/ Pastor Dan 6:00 Netflix	16 9:30 Morning News 10:30 Senior Exercise 1:30 Mary Kay Makeovers 4:00 Trivia 6:00 Resident Choice Movie	17 9:30 Morning News 10:30 Senior Exercise 11:00 Communion 2:00 Activities W/ Nina-Cookie Decorating 4:00 Fancy Nails 6:00 Puzzles	18 9:30 Morning News 10:30 Senior Exercise 2:00 Adult Coloring 4:00 Egg Shaker Exercise 5:00 Support Group-LITH 6:00 Resident Choice	19 9:30 Morning News 10:30 Morning Exercise 2:00 Bowling 3:00 Social Hour 6:00 Movie Night	20 9:30 Morning News 10:30 Senior Exercise 2:00 Coffee & Conversation 4:00 Bingo 6:00 Movie & Popcorn
21 9:30 Senior Exercise 10:00 Online Church Service 2:00 Bingo 4:00 Puzzles 6:00 Game Night	22 9:30 Morning News 10:30 Senior Exercise 2:00 Bags 3:00 Ice-Cream Social 6:00 Netflix	23 9:30 Morning News 10:30 Senior Exercise 11:00 Goddard School 2:00 Live Entertainment 6:00 Resident Choice Movie	24 Christmas Eve 9:30 Morning News 10:30 Senior Exercise 11:00 Communion 2:00 Activities W/ Nina 4:00 Fancy Nails 6:00 Puzzles	25 Christmas Day 9:30 Morning News 10:30 Senior Exercise 12:00 Christmas Lunch 2:30 Christmas Sing Along 4:00 Adult Coloring 6:00 Resident Choice	26 9:30 Morning News 10:30 Morning Exercise 2:00 Bags Game 3:00 Social Hour 6:00 Movie Night	27 9:30 Morning News 10:30 Senior Exercise 2:00 Sing-Along 4:00 Bingo 6:00 Movie & Popcorn
28 9:30 Senior Exercise 10:00 Online Church Service 2:00 Bingo 4:00 Puzzles 6:00 Game Night	29 9:30 Morning News 10:30 Senior Exercise 2:00 Fun Facts 3:00 Ice-Cream Social 6:00 Netflix	30 9:30 Morning News 10:30 Senior Exercise 2:00 Baking W/ your Care Partner 4:00 Sing-Along 6:00 Resident Choice Movie	31 New Years Eve 9:30 Morning News 10:30 Senior Exercise 11:00 Communion 2:00 New Years Eve Party 4:00 Fancy Nails 6:00 Puzzles			

Navigating the world of memory care for seniors with dementia can be tough and often overwhelming. If you're on this journey, you may find yourself filled with questions about where to turn for help and support. Understanding your loved one's unique needs is essential, and finding a place that truly cares can make all the difference. In this article, we'll explore The Heathers Senior Homes in [Ringwood, IL](#), where compassionate care meets a nurturing environment tailored specifically for seniors facing the challenges of dementia. With a focus on personalized attention and engaging activities, let's dive into what makes this community stand out as a home away from home for your loved ones.

FOR MORE INFO CHECK OUR WEBSITE BLOG POST



Resident Recipe of the Month

John's APPLE CRISP

FILLING

- 6 CUPS PEELED SLICED APPLES (4-5 APPLES)
- 1 ¼ TEASPOONS CINNAMON
- ¼ TEASPOON NUTMEG
- DASH OF SALT
- 1 CUP SUGAR
- 1 TABLESPOON LEMON JUICE

TOPPING

- 1 CUP GLUTEN FREE (BOB'S RED MILL) 1 TO 1 BAKING FLOUR
- ½ CUP BROWN SUGAR
- 6 TABLESPOONS (¾) STICK BUTTER OR MARGARINE



Directions

Peel and slice apples in to a large mixing bowl.

Tumble with the spice, salt, sugar and lemon juice.

Pour out into a 9" x 13" baking pan.

In a smaller bowl, place the flour and brown sugar.

Cut in the butter
Until the mixture feels cornmeal.

Crumble this topping over the apples.

Bake uncovered in a preheated 350 degree oven for 1 hour.

May be served hot or cold.

NOVEMBER PICTURE RECAP

